The Parish of Bardsey with East Keswick

Village News





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A Winter's tale...

As winter settles in and we all plan for a rather different Christmas we can still look forward to those brisk walks in the beauty of the countryside, made even more important as a way of keeping our spirits up at this rather difficult time.

Our landscape has a rather different but no less beautiful appeal in the winter months.

A warm fire, a comfy chair and the Village News to keep you company. What more could you want?

The night is darkening round me,
The wild winds coldly blow;
But a tyrant spell has bound me
And I cannot, cannot go.
The giant trees are bending
Their bare boughs weighed with snow.
And the storm is fast descending,
And yet I cannot go.
Clouds beyond clouds above me,
Wastes beyond wastes below;
But nothing drear can move me;
I will not, cannot go.

Emily Bronte

From the Vicarage



Angela Hannafin

This is the third edition of our new look magazine and this time it's available both online and in printed format. Thank you to everyone who has provided articles and contributions for this edition and for those who will help with deliveries.

We are heading towards the Christian season of Advent, which runs from the end of November until Christmas. Advent is traditionally a time of waiting and I can't help but think it's so apt for all we're going through. Waiting to come out of lockdown, waiting for a vaccine, waiting for good news.

For Christians, at the end of our December waiting, there is good news. We remember Jesus Christ, who came into the world as a vulnerable baby, to be with us.

In the Old Testament, one of the names for God is "Immanuel" - which means "God is with us". In Jesus, we remember the promise of God to always be with us. Even if we're still waiting.

I know we are all facing a very challenging Christmas. There is a great deal of support in our villages, but many of us still have days where we can feel overwhelmed by all of this waiting! If you would appreciate a chat with someone, do contact our Parish Office. We don't want anyone to feel isolated.

Whatever your Christmas looks like, I hope you can take comfort from the reminder that God is always with you and will go with you into the future, however tough it gets.

Every blessing

Angela



Christmas in the Parish

At the time of printing our churches are unfortunately closed for Sunday services, due to the national lockdown. We hope to resume services when lockdown ends but please consult our website for the latest updates or contact the Parish Office for information.

When services do resume the need to comply with social distancing means that we will have limited seating available at both churches, and therefore if you wish to attend a service you will need to contact the Churchwardens in advance to confirm your seat.

If you just turn up a seat may not be available for you in church.

Our planned Christmas services are shown here but they may change, depending on lockdown regulations.

Your safety is our priority, which means we may need to cancel or change services at short notice.

Service Times

SUNDAY, 20 DECEMBER 2020

All Hallows 08.30 and 10.30 Saint Mary Magdalene 09.30

THURSDAY, 24 DECEMBER 2020 CHRISTMAS EVE

Midnight Mass at both All Hallows and Saint Mary Magdalene at 23.30

FRIDAY, 25 DECEMBER 2020 CHRISTMAS DAY

There will be at least one joint service in the parish. Details will be confirmed nearer the time.

SUNDAY, 27 DECEMBER 2020No services.

SUNDAY 3 IANUARY 2021

Normal 'Covid-time' services resume at each church

All Hallows 08.30 and 10.30 Saint Mary Magdalene 09.30



From the Register

We congratulate those whose weddings have taken place

KRYSTINA MAWER & THOMAS GOLD

Saturday 8 August, Saint Mary Magdalene

SUZANNAH BIGNELL & ADAM CLEMO

Saturday 29 August, All Hallows

We remember those whose funerals have taken place

CLIVE BRISTOW

Wednesday 18 March, All Hallows

ROY LECKENBY

Wednesday 25 March, Stonefall

MAUREEN BURRELL

Tuesday 7 April, Stonefall

JANE LONCRAINE

Wednesday 15 April, Saint Mary Magdalene

DIANE CANNELL

Thursday 4 June, Stonefall

ALAN CULLEY

Wednesday 17 June, All Hallows

MALCOLM HAIGH

Monday 13 July, Stonefall

JAMES STYRING

Thursday 6 August, All Hallows

BARRIE STEELE

Friday 2 October, Saint Mary Magdalene



Macmillan Thanks

Thank you for all the donations received for Macmillan Cancer Support, despite having to cancel the Coffee Morning.

I have a total of £320 to put in the bank for a very worthwhile charity.

Christine Burton

East Keswick Methodist Church

We were planning to reopen for worship on Sunday 29 November, however that is not now possible - but we are now prepared and ready!

Weekly online reflections and services will continue at: www.tadcastercircuit.org.uk/home-worship

Penny Harrison

East Keswick Village Hall Covid-19 Update

Like everyone else, we are very keen to return to normal just as soon as possible but we must be guided by the Government on this. We are watching developments closely but need to be very cautious about committing to opening the hall and all its facilities while restrictions are still in place.

We are particularly aware of the legal responsibilities of the trustees so need to ensure that it really is safe to reopen before doing so.

The 'Village Hall Draw Supper' is postponed until Covid-19 regulations allow us to hold large gatherings; villager's health and safety is vitally important. For the same reason, our annual 'New Year's Eve' event will also not take place this year and it is also

probable that our planned second 'Burns Night' event in January 2021 will also be the victim of cancellation, unless a miracle appears!

Sadly, the Post Office will also have to remain closed until we are able to open the hall once more.

We very much look forward to the day when we can bring you the exciting news that we can reopen but, in the meantime, we hope you and your family remain safe and well.

The full Covid-19 Bulletin can be found on the home page of our website.

The trustees

www.eastkeswickvillagehall.org

Bardsey Playgroup

Gill Nobbs

The children are back at Playgroup. Hooray!

The playgroup is a charity, a member of the Pre-school Learning Alliance and is rated 'good' by Ofsted. It operates weekdays, 9-12am in term time, for children aged between 2-5 years.

The Government funds totally free places for families who qualify.

The staff have worked hard, making the Callister Hall location Covid-19 secure - sanitising every session and changing toys daily.



The children learn through play, in a structured warm and welcoming environment, with a focused activity, having fun and making friendships.

Session time allows children to talk, listen, take turns, learn French and Welsh, practise their colours, counting, social skills and so much more. Crossing the road safely is a necessity soon learnt, in order to reach the extensive garden behind the Village Hall.



The garden had a face lift this summer with new fences and log stepping stones. A sandpit, soil pit, climbing frames, ball run and cycle circuit provide the children with lots of activity and exercise in the fresh air.

The dinosaurs keep playing hide and seek!

The pandemic stopped PE sessions at Bardsey Primary School and the annual sports day, though a family time in a large field did provide lots of renewed fun, at the end of July.

Covid-19 restrictions mean that Santa will not be at a Christmas party this year and there will be no annual Nativity Play in the church. However, the term-time enjoyment continues with Autumn and Christmas creations and a focus on mathematics and writing skills.

Gil

Twin a Loo

Elizabeth Otty

Did you know that 19 November, 2020 was World Toilet Day?

November is a time to remember that one in three people on the planet are **still** without a safe, clean loo. Without toilets, families are constantly falling ill and have to spend the little money they have on medical bills.

A simple toilet can restore a family's health so they can go to work, to send their children to school and build a new home.

Now is your chance to do something about it!

By donating £60 to Tear Fund you can twin your toilet and help fund a project in a poor community that will enable families to build a basic toilet, have access to clean water and learn about hygiene – a vital combination that saves lives

Twin a toilet for Christmas!

This year why not tie up toilet twinning with Christmas and give a Christmas present with a difference to your house or that of a friend.

After you have twinned you will get a certificate to hang in your loo. Your smallest room becomes the proud owner of a certificate, complete with a photograph of your overseas toilet twin and its GPS coordinates, so you can look up your twin's location on Google Maps.

www.toilettwinning.org

Let us know if you do and become part of our parish Eco Church family.

Flizabeth



Village News Magazine Deliveries

Ever wondered how your hard copy of the Village News magazine comes to you?

Well, it's thanks to a network of wonderful volunteers in our Parish, and as we recommence deliveries of printed copies of the magazine we interviewed the organisers of the distribution teams, Brenda Sanderson (Bardsey) and Debbie Lord (East Keswick).

Brenda and Debbie, how many people deliver the magazine in each village?

Brenda: I have 49 people who deliver a varying number of magazines, from 6 to 50.

Debbie: I have 13 people although there are two vacant spots at the moment. Like Brenda, people deliver a varying number of magazines: from as few as 8 to two stonking rounds of 63!

What's the profile of people who deliver the magazine?

Brenda: They are a mix of people who work and are retired.

Debbie: My current team are all over 60 apart from one lady. In fact people are mainly over 70 and one or two are over 80.

How long have people been volunteering for?

Brenda: Here, some people have been doing it for over 20 years!



Debbie: I can't say exactly, but some have done it for many years!

Wow that's impressive. Is there anyone you think deserves a special mention?

Brenda: All of our volunteers are special, but as far as I can remember, Hugh Turton has been delivering all the time I have been taking them out. I also believe Hugh was one of the instigators of the Newsletter.

Debbie: I agree, they're all special. I think it's difficult to single anyone out as so many have done it for years.

How long have you been coordinating the teams in each village?

Brenda: I started when my daughter was learning to drive at 17. That is over 35 years ago!

Debbie: I've been coordinating for over ten years now. I took over from Jan Dower who had been in charge for many years.

It sounds like a large team. As you start delivering again, do you need any more volunteers?

Brenda: I'm doing ok at the moment although if I need one, I can easily find one.

Debbie: We do need someone for a stretch of White Gate. Let me know if you can help!

Where would we be without our magazine deliverers? We're so grateful to them, and to you for ensuring people can continue to receive their magazines during this difficult time.

Thanks for sharing your story with us.

Nearly 1,600 copies of the Village News are delivered across the four villages in our parish



Living with the Psalms



Churches Together in Bardsey and East Keswick

In difficult times like these, people often turn to poetry, or music, as a way of expressing themselves. In the same way, people in the Psalms wrote poetry, and many have found consolation through these 150 different biblical poems over the years. This ancient poetry is still relevant today.

Online Bible Study

From January 2021, the Churches Together team are inviting you to join an online Bible study based on John Bell's book, 'Living with the Psalms'.

The study will run over six sessions on a Wednesday evening, starting on 13 January, at 7pm, via Zoom. Each session will run for an hour, and include some discussion and study of a psalm.

All are welcome!

You will need to buy a book to attend this study, although this is easily available on Amazon or similar vendor.

Programme

Session 1: 13 January
What is it about Psalm 23?

Session 2: 20 January A Vocabulary for Pain.

Session 3: 27 JanuaryHot Gossip and Hard Places.

Session 4: 4 February Jesus and the Psalms

Session 5: 11 February God and Nature.

Session 6: 25 February The role of Deep Praise

Please note, there is no study on Wednesday 18 February, as this is Ash Wednesday.

If you're interested in attending, please email Revd Angela Hannafin at angelalewisjane@gmail.com

For he will command his angels concerning you to guard you in all your ways...

Psalm 91:11

Eco Church Award

Elizabeth Otty



We are delighted to be able to announce that All Hallows Church has gained an Eco Church Bronze award, from A Rocha UK.

A Rocha UK is Britain's only Christian conservation charity providing scientific research, and environmental education. They focus on delivering practical local community-based action through all our country's churches.

A Rocha is a global organisation, which started in Portugal in 1983, A Rocha has spread around the world as a Christian response to climate change.

'A Rocha' is Portuguese for 'The Rock'

Committed to protecting God's creation the organisation now involves thousands of people, of all ages and many faiths, in activities which introduce them to local and global environmental issues.

Both All Hallows and Saint Mary Magdalene are continuing on their eco journey. Please join us by checking out the environment section on our web site and making your own personal commitment to address climate change by taking the **Ten Pledge** challenge.

For more information about the work going on to bring our churches up to the highest eco standard and what you can do to help, contact Elizabeth in the Parish Office.

Remember we all have a part to play.





The greatest threat to our planet is the belief that someone else will save it...

Robert Charles Swan

The New School Normal

Helen Render

Having completed the first half-term at Bardsey Primary School since lockdown, Year 5 were asked to write a short report about how they felt returning to school in September; the rules which were in place; how the half-term progressed and how they feel about returning after half-term.

I hope some of the children's remarks will give you a flavour of what life is like at the 'school-on-the-hill', at the present time.

Georgia Thompson: Returning to school in September was a pretty interesting experience. It wasn't how I imagined it to be – it was a whole new world!

Will Taylor: Crikey! I never thought that school would be THIS different! I'm not happy, nor sad. Quite glad I'm back though.

Sophie Crowther: The new rules around school are all so strange, but definitely worth it so that we can come to school.

Audrey Stevenson: There are very different rules and procedures, like the one-way system in the corridors and there are even Zoom call assemblies, since we're not allowed to meet in one place.

Zulaykha Hussain: I was shocked because there was tape and hand sanitiser everywhere!

Hugo Farad: We have to eat our lunch in the classroom and the school dinners are now called 'grab bags'.

Florence Jones: At playtimes, we can only go on one side of the playground and we have to stay in our classrooms until other classes have come in. Also, we have all our own pens and pencils and aren't allowed to touch each other's.

Peter Osborne: As the half-term progressed everybody relaxed a bit more and got more comfortable with all the rules that the school had put in place to protect us kids from Covid-19.

Billy Davis-Earp: I have got used to it now, as all the teachers and staff have helped us settle in.

Reece Birch: It has been easier than I thought it would be to adapt to a new system at school.

Thomas Kimball: The new 'normal' has become the actual normal and it's great to be back!

Eva Crabtree: Life at Bardsey School has definitely changed, but I'm looking forward to the next half-term!



Christmas





Wednesday, 2nd December, 8pm

Normally, at this time of year, Churches Together in Bardsey and East Keswick are well on their way to finalising details of the Villages Christmas Celebration. However, this event is not possible at the moment, so instead we've taken over the monthly Zoom Parish Quiz.

The Zoom meeting will open at 7.45pm so we can chat and see who we are quizzing against and make sure our glasses are filled with whatever takes our fancy too; tea, coffee or a mulled wine perhaps – it is nearly Christmas after all!

Our quizmaster is Charlotte Meek who will guide us through a number of Christmas themed rounds of questions and puzzles.

We would usually take a collection for Martin House but this year we have set up a JustGiving page for donations at:

www.justgiving.com/fundraising/cteastkeswickandbardsey4martinhouse

Martin House

hospice care for children and young people

Here are a few questions to get you started:

- 1. What are the names of Santa's nine reindeer?
- 2. Which carol has the initials THATI?
- 3. Who introduced the Christmas tree to the UK?

The answers will be revealed at the quiz!

And the winner is...

You will add up your own score at the end of the quiz and the top three will be revealed. Charlotte counts down from the maximum score, so no one will know if you get a low score.

We look forward to welcoming you to this 'alternative' villages Christmas celebration.

Please contact the Parish Office if you'd like a Zoom invitation for the quiz.

T: 01937 574273

E: bardseyparishchur@btinternet.com



Children's Corner Nursery at Bardsey Primary School

Lesley Dawson

Our pre-school nursery based at Bardsey primary school offers the perfect transition into school. We offer places for children from age 2 years to 5 years. Our qualified staff offer a full EYFS curriculum delivered with lots of fun, both in the classroom and exploring the wonderful grounds and surroundings at Bardsey school.

Whilst attending the nursery does not guarantee a place at the school, the majority of children who attend our nursery do go on to Bardsey reception class so it's a great opportunity to meet their friends who they will join in school.

We have lots of visits into reception class so the children meet the teachers and get used to being in the school environment. We are made so welcome at lots of school activities such as trips to the seaside and nativity plays.

We offer full day care including the 15 and 30 hours FEEE funding for 2, 3 and 4 year olds. Please contact the nursery or call in to check eligibility or if you

would like further information. We still have some vacancies for January 2021.

We are open from 7.30am to 6pm all year round and shorter days are available. Contact the nursery on 01937 573999 or call in and see us.

Lesley



"All the nursery staff are fantastic and the nursery is cosy and friendly with so much for the children to do. Our daughter loves being part of the Children's Corner family. The nursery has done wonders for S, she has learnt a lot to prepare her for school and has grown into a confident little girl."

A parent's view

The Children's Society Box Collection

Carol Peace and Helen Render

It's that time of year again when we want to remind box holders that we will be collecting your boxes in the not so distant future – January in fact, but we wanted to give you some notice.

As you know, life is very different at the moment, and we have been considering how best to collect them but the work of The Children's Society doesn't stop and children are more in need of your support than ever before, therefore we do need to find a way.

Thanks to you, we've been able to stay in touch with children isolated by lockdown to let them know things will be okay. We've been able to get food through to families who suddenly found themselves with no source of income and to make sure that the most at-risk children could stay safe. That's the difference you're making.

We are aware, however, that many of you may not have as much cash in your boxes this year, as we are encouraged to pay by card. If you would prefer to hold onto it for another year, this is totally understandable. You may wish to make a donation instead, which we would happily forward to the Society.

If you would like your box to be included, could boxholders in Bardsey please wrap them in newspaper and hand them to **Helen Render** personally, leave them at the back of All Hallows church, where Helen will collect them or

ring her to arrange collection. Could East Keswick boxholders please wait for **Carol Peace** to ring them to organise collection and not leave them in St Mary Magdalene church.

Please bear in mind that counting will take longer this year, as we have to leave the boxes for 72 hours before handling.

If you are not a box holder but feel that you would like to keep a box to put your spare change in throughout the year, to support the Children's Society in this way, please do get in touch so that we can supply you with one – it's easy and very worthwhile!

Thank you.

Carol (01937 573061) and **Helen** (01937 572742)



Helping Wildlife in your Garden this Winter

Gill Taylor

During Lockdown this year, many of us have become more aware of the wildlife sharing our gardens. As well as putting up nest boxes and feeding the birds, here are some other ways you can help wildlife survive the coldest months of the year.

WATER

Provide water for birds and small mammals to drink and bathe but refresh this daily. This could be bowls of water or a pond, however small. Birds and small mammals need clean fresh water even more so when the ground is frozen or when snow is on the ground.

Pond life needs access to oxygenated water. When a pond is frozen over, do not hammer a hole in the ice, as pond life can be harmed by shock waves as the ice is broken open. A hole can be melted by using a saucepan filled with hot water or better still leave a tennis ball floating on the surface all winter.

TIDYING

Leave tidying-up borders until spring if possible. Keep some dead flower stems in your borders for overwintering

beneficial insects such as ladybirds. Seed heads of phlomis, sedums and hollyhocks provide a good winter habitat. To avoid sad looking borders retain seed heads on stems cut down to 15 -20 cm and re-insert the shorter stems to protect the crown of the plant. These can be left to rot down and new shoots will grow through in the Spring.

Clear out ponds between October and January when wildlife activity is low and spread any removed vegetation on the edge of the pond for a few days. This enables wildlife such as snails and dragonfly nymphs to crawl back into the water.

Spending time outdoors is recommended for maintaining good mental health, so dress up warmly and enjoy your garden this winter



HABITAT

Many plants have hollow stems in which insects like to overwinter. These can be cut into short lengths about 20cm long, tied into bundles with string or rubber bands and lodged into thick hedges or shrubs. Alternatively make a 'bug hotel' by boring holes of different diameters into blocks of wood then fix to a fence or wall in a sheltered location.

Piles of sticks, logs, dead stems and leaves, stacked under a hedge or bush, form good shelters for hedgehogs and invertebrates. Stacks of pots, bricks, stones and rubble can house frogs, toads and newts. Any bonfire pile should be checked for hedgehogs before igniting but it is recommended to move the material and build it elsewhere on the day of the burn.

Avoid disturbing an open compost heap during winter as this provides a nice warm spot in the middle for sheltering wildlife.

PLANTING

When selecting seeds or plants for next year, avoid choosing double flowered varieties which bees find difficult to access for nectar. Plant late autumn flowering species which feed insects and butterflies such as asters, sedums, and Michaelmas daisies. Plant shrubs with berries for birds such as rowan, holly, guelder rose and hawthorn.

HEDGEHOGS

Hedgehogs are struggling due to habitat loss and hazards such as, poisoning through the indiscriminate use of slug bait, being caught in netting, damage by strimmers or drowning in steep sided plastic ponds.

Ensure hedgehogs can find their way out of ponds and deep holes and check garden netting regularly for possible entanglement. Disturb areas of long grass before using a strimmer. They have a wide territory and need to roam many gardens at night. Forming a 15cm square hole in the bottom of a fence can help to create a wildlife highway between neighbouring gardens.

Gill

Reverse Advent Calendar

Angela Hannafin

This December we would like to invite you to join us in creating a Reverse Advent Calendar, with the goods collected donated to the St Aidan's Food Share programme.

What is a Reverse Advent Calendar?

Well, instead of opening a window each day to receive a 'goody', you give a 'goody' to someone else instead.

In this case the 'goodies' are everyday, staple provisions, with a few treats thrown in.

So, why not collect an item each day through December to give to those in Leeds, who have very little.

You can give these provisions to us at the end of December or use the drop off points in Bardsey (Vicarage on Woodacre Lane) and East Keswick (box outside 21 The

Paddock), each week.

Here's a suggestion for what you might collect each day for your Reverse Advent Calendar. You can change the order or put other items in if you prefer! How you do it is up to you!

If you'd prefer not to buy the items yourself, we are very happy to purchase them on your behalf so please contact the Parish Office if you'd like to do this

December's extra shopping list

- 01 Baked beans
- 02 Tinned fruit
- 03 Tuna
- 04 Rice
- 05 Washing powder/ washing-up liquid
- 06 Pasta
- 07 Toilet rolls
- 08 Toothpaste

- 09 Shower gel
- 10 Shampoo
- 11 Razors/male toiletries
- 12 Sanitary products
- 13 Tea/coffee
- 14 Nappies
- 15 UHT milk
- 16 Soup

- 17 Tinned meat
- 18 Cooking oil
- 19 Flour
- 20 Biscuits/sweet things
- 21 Chocolate
- 22 Treats for children
- 23 Cereal
- Pot noodles

Seasonal Recipe

GERMAN ADVENT COOKIES

- 3 egg whites
- A small pinch of salt
- 200g icing sugar
- 300g finely ground raw almonds
- 2 tsp. ground cinnamon

(Makes about 55)

Whisk the egg whites and salt with a mixer on a medium-high speed. Pour in the sugar slowly and whip for 7 minutes, or until the mixture is glossy and stiff. Measure out about three heaped tbsp. and set aside.

Fold 225g of the almonds and the cinnamon into the remaining egg white mixture. Continue adding the rest of the almonds until you have a firm, slightly sticky dough. You may not need the whole 300g. Wrap the dough in clingfilm and refrigerate for 30 minutes.

Line two baking trays with paper.
Unwrap the dough, and roll it out to

6mm thickness between two sheets of clingfilm. Using a 4cm star-shaped cookie cutter, cut out the cookies. Dip the cutter in cold water every so often to keep the dough from sticking. Put the cookies on the baking sheets.

Using a spoon and a toothpick, spread the reserved meringue evenly over each star, taking care to drag it out to the points. Let the cookies sit at a cool room temperature for 12-24 hours. The meringue will be dry to the touch.

Heat the oven to 180°C / 350°F (gas 4).

Bake the cookies, one baking tray at a time in the bottom of the oven, for 3-4 minutes or until the meringue is set but still snowy white.

Remove the baking tray and put it on a rack. Let the cookies cool completely on the tray. Once completely cooled, store in an airtight container. They will keep for up to a month.



The Village News

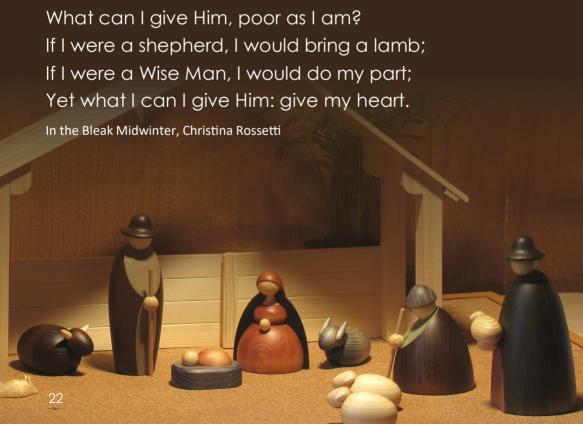
The Village News is published bimonthly by the Parochial Church Council of the Ecclesiastical Parish of Bardsey with East Keswick and distributed free of charge to all households in the Parish. However to help cover the cost of printing and administration a donation of £1 per copy would be appreciated.

Some printed copies are also available at the back of All Hallows and Saint Mary Magdalene churches and digital copies can be viewed or downloaded from our website.

We welcome contributions from our village communities, relating to news, events and topics of interest, for possible inclusion in the magazine, without charge, which would be published at the discretion of the editorial team.

Please send entries for inclusion to: bardseyparishchur@btinternet.com

Copy deadline for the February -March 2021 edition is Friday, 15 January 2021



Trade and Services Directory

BUILDING & HOME SERVICES: PAGES 24-26

Add Cleaning

E W Vickerman, Cabinetmaker & French Polisher

Greystones – Staithes, Holiday Home Rental

Hyland Builders Ltd

J K Egan, Upholsterer

Lockfarr Locksmith & CCTV

Locksmith & Security Installer

LS22 Electrical Ltd

Marsland Roofing Ltd

Park Lane Homes Ltd

Paw Paw Pet Services

Polkadot Bespoke Picture Framing

Tate Fuel Oils

Thorner Flooring Services

SMT Maintenance

DECORATORS & PLUMBERS: PAGE 26-27

Anthony Shortall, Painter & Decorator

M. Martin Plumbing & Heating

Specialist

Maxwell Decorators

Sam Watts Plumbing

SFR Plumbing & Heating

S. P. Harrison, Painter & Decorator

GARDENING & LANDSCAPE SERVICES: PAGE 28

Bardsey Tree Services

Dalby Landscapes

Gardens & Trees

Graham Landscapes

JMA Landscape Services

HEALTH & WELLBEING: PAGE 29

Pauline Hughes Chiropodist

Rehab Beyond Cancer

Wood View Sports Massage & Holistic

Therapies

Home Instead Senior Care

ProMedica 24 Live-in Care &

Companionship

PERSONAL & FINANCIAL SERVICES: PAGES 30-31

Andrew Morgan Opticians

Boston Spa Garage & Wetherby Repair

Shop

Counselling - Adrienne Crew

EKOne Hairdressing

FJB Accounting Limited

Gillbeck Associates Ltd, Accounting &

Bookkeeping

G. E. Hartley & Son Ltd, Funeral

Directors

Parker Hartley & Co, Financial

Accountants

VENUE HIRE: PAGE 31

Bardsey Village Hall

Callister Hall

East Keswick Methodist Church

East Keswick Village Hall

BUILDING & HOME SERVICES



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Sue Thompson - Business Owner $07736\ 158058$

Email: addcleaning@outlook.com 10 Parsons Green - Wetherby

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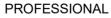
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